

Partial List of E-Numbers

We frequently receive inquiries about E-Numbers and whether they are Halal or not. Since the list of E-Numbers is continuously changing, as new ingredients are added, it is difficult to maintain a fully updated list. However, we have prepared a **partial list** of some of the questionable or problematic ingredients that need further checking or should be avoided if you are unable to verify its origin.

The status of the following E-Numbers is designated as:

Q1 means they are made from animal fats, plant oils or synthetic sources. They are a combination of fatty acids and other chemicals. If the source is not known, they are questionable and **may be haram**.

Q2 means they are made from animal or plant proteins, synthetic sources or through biotechnology. They are amino acids. If the source is not known, they are questionable and **may be haram**.

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| E-304 | Fatty acid esters of ascorbic acid | Antioxidant | Q1 |
| E-322 | Lecithins | Emulsifier | Q1 |
| E-422 | Glycerol | Humectant | Q1 |
| E-431 | Polyoxyethylene (40) stearate | Emulsifier | Q1 |
| E-432 | Polyoxyethylene sorbitan monolaurate | Emulsifier | Q1 |
| E-433 | Polyoxyethylene sorbitan mono-oleate | Emulsifier | Q1 |
| E-434 | Polyoxyethylene sorbitan monopalmitate (polysorbate 40) | Emulsifier | Q1 |
| E-435 | Polyoxyethylene sorbitan monostearate (polysorbate 60) | Emulsifier | Q1 |
| E-436 | Polyoxyethylene sorbitan tristearate (polysorbate 65) | Emulsifier | Q1 |
| E-442 | Ammonium phosphatides | Emulsifier | Q1 |
| E-445 | Glycerol esters of wood rosins | Emulsifier | Q1 |
| E-470a | Sodium, potassium and calcium salts of fatty acids | Emulsifier | Q1 |
| E-470b | Magnesium salts of fatty acids | Emulsifier | Q1 |
| E-471 | Mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472a | Acetic acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472a | Acetic acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472b | Lactic acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472c | Citric acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472d | Tartaric acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472e | Mono and diacetyltartaric acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-472f | Mixed acetic and tartaric acid esters of mono- and di-glycerides of fatty acids | Emulsifier | Q1 |
| E-473 | Sucrose esters of fatty acids | Emulsifier | Q1 |

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| E-474 | Sucroglycerides | Emulsifier | Q1 |
| E-475 | Polyglycerol esters of fatty acids | Emulsifier | Q1 |
| E-476 | Polyglycerol polyricionleate | Emulsifier | Q1 |
| E-477 | Propane-1,2-diol esters of fatty acids | Emulsifier | Q1 |
| E-479 | Thermally oxidised soya bean oil interacted with mono- and diglycerides of fatty acids | Emulsifier | Q1 |
| E-481 | Sodium stearyl-2-lactylate | Emulsifier | Q1 |
| E-482 | Calcium stearyl-2-lactylate | Emulsifier | Q1 |
| E-483 | Stearyl tartrate | Emulsifier | Q1 |
| E-491 | Sorbitan monostearate | Emulsifier | Q1 |
| E-492 | Sorbitan tristearate | Emulsifier | Q1 |
| E-493 | Sorbitan monolaurate | Emulsifier | Q1 |
| E-494 | Sorbitan monooleate | Emulsifier | Q1 |
| E-495 | Sorbitan monopalmitate | Emulsifier | Q1 |
| E-570 | Fatty acids | Glazing Agent | Q1 |
| E-620 | Glutamic acid | Flavour Enhancer | Q2 |
| E-621 | Monosodium glutamate | Flavour Enhancer | Q2 |
| E-622 | Monopotassium glutamate | Flavour Enhancer | Q2 |
| E-623 | Calcium diglutamate | Flavour Enhancer | Q2 |
| E-624 | Monoammonium diglutamate | Flavour Enhancer | Q2 |
| E-625 | Magnesium diglutamate | Flavour Enhancer | Q2 |
| E-640 | Glycine and its sodium salt | Flavour Enhancer | Q2 |
| E-920 | L-Cysteine hydrochloride | Flavour Enhancer | Q2 |
| E-951 | Aspartame | Sweetener | Q2 |
| E-1518 | Glycerol triacetate (triacetin)-Propan-1,2-diol (propylene glycol) | Humectant | Q2 |

(Adapted from Islamic Food and Nutrition Council of North America List.) The above list only contains products that may be questionable, NOT the entire list of additives.